

Block 3 – Tulip Lady Finger with Strings

“Strings” are all those leftover fabric strips and pieces that float around everyone’s sewing room. String blocks are blocks or block units made from your longer fabric scraps. To make a string block, you start with a foundation paper (e.g., copy or freezer paper) or fabric foundation (e.g., muslin). Then proceed with a sew-and-flip technique to attach strips and scraps to the foundation until the scraps completely cover the foundation paper. The strings can be the same width or varying widths. Once the foundation paper is covered, trim the block to size and remove the freezer paper.

Make a 6-1/2” string block and then cut the following:

Background fabric: four 2” squares, four 2-1/2” squares for half-square triangles (hst), four 3-1/2” x 6-1/2” rectangles

Color for tulips: four 2” squares and four 2-1/2” squares (for hst)

Sewing:

Make four half-square triangles for the tulips using the 2-1/2" tulip color and 2-1/2" background fabric squares. Place the tulip and background squares right sides together. Draw a diagonal line and sew 1/4" on each side of the line. Cut on the drawn line and press. You now have two squares. Trim to 2". (I used one of the 2" blocks as a pattern when trimming the hst.

Assemble the block as indicated in the picture to the right.

1. Make the tulip units then sew them to each side of a background rectangle.
2. Add background rectangles to each side of the 6-1/2” string block.
3. Sew the top and bottom tulip units to the 6-1/2” string block unit.

